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In 1972, as a professor at the University of Illinois, Dr. Erskine developed the initial concepts of Integrative Psychotherapy. By 1976 he established the Institute for Integrative Psychotherapy in New York City and, along with members of the Professional Development Seminars, continued the development, research and refinement of a relational and integrative psychotherapy. Each year Dr. Erskine teaches formal courses and experiential workshops on the theory and methods in several countries around the world. He is a licensed Psychoanalyst, certified Transactional Analyst, internationally recognized Gestalt Therapist, and a certified Group Psychotherapist. He is the author of five books and numerous articles on the practice of psychotherapy.

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